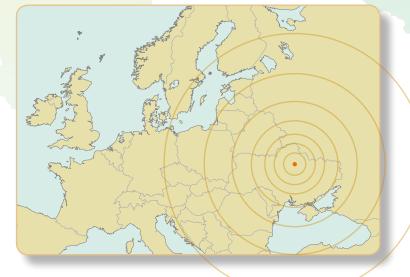




# The Holon 24 Healing System

A Healing System is a powerful and comprehensive approach to healing that brings together the energy of three Help2Heal Europe projects. For Holon 24, located in Eastern Europe, these projects are the Dnjepr Reservoir in Ukraine, Ugra in Russia and the Bialowieza region in Poland. By harnessing the collective energy of these projects, the Healing System actively contributes to the restoration and revitalization of nature throughout the entire holon.

The heart of the Healing System is located north of Kiev close to the border with Bellarus. It serves as the epicenter of energy, radiating healing vibrations across the entire region.



The heart of the Healing System is located north of Kiev



## **Balancing a Healing System**

The Holon 24 Healing System is balanced by Linda Qué and Froukje Bolt.

In November 2021, Linda and Froukje began the process of balancing the Healing System. Initially, they didn't feel a clear connection or response from the Healing System. However, as they continued the balancing process, they noticed a remarkable growth in the autonomy, energy, and transformative power of the system. It's as if the Healing System comes alive within the balancing field, revealing vibrant colors and evoking a profound sense of grounding and spiritual elevation."We are filled with gratitude for the opportunity to contribute to the growth and strength of the Healing System. It has the ability to support nature in Holon 24, primarily through the interconnected mycelium networks in the soil and underground water flows. Additionally, it forms a connection with the neighboring Holon 29 Healing System. When the conflict in Ukraine emerged, our intention was to remain energetically neutral and to be highly mindful of our collaboration with this increasingly powerful 'being.' Working with this Healing System is truly special and brings immense rewards."

# **Balancing team:**

Froukje Bolt Linda Que

### Tap into the Healing System energy

We believe that healing is not limited to a select few; it is a gift that should be accessible to all. That is why we invite and encourage everyone to connect with the energy of the Healing System. By tapping into this collective energy, individuals can contribute to the restoration and rejuvenation of nature in their holon.

## **Healing System workshops**

To facilitate the learning and practice of this transformative healing process, the Help2Heal Europe Foundation organizes workshops. These workshops provide a nurturing space where participants can acquire the necessary knowledge and skills to harness the healing energy and direct it towards the natural world.

#### Contact

Contact info@help2healeurope.org and ask for the upcoming Healing System workshops in your holon or look at 'News' on the Help2Heal Europe website.



#### Together, we can make a difference

Let us embark together on a journey of healing, restoration, and reconnection with the vibrant spirit of nature. Join us as we unite our intentions, energies, and actions to create a harmonious and thriving holon for generations to come.