

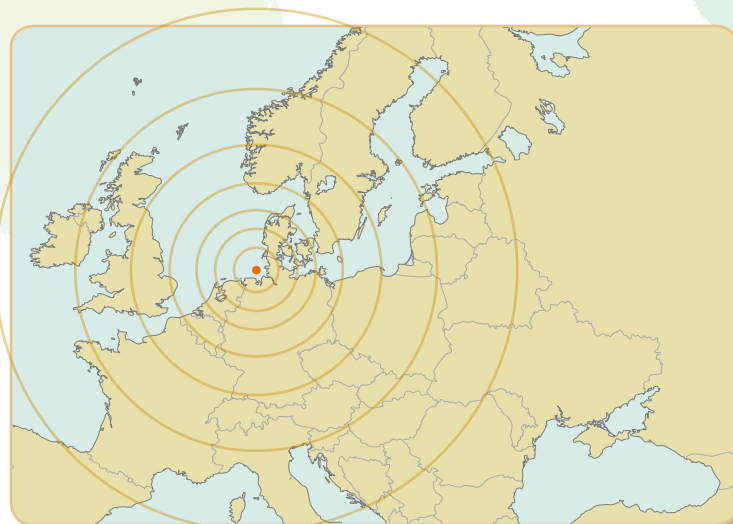
HEALING SYSTEM OF HOLON 1



The Holon 1 Healing System

A Healing System is a powerful and comprehensive approach to healing that brings together the energy of three Help2Heal Europe projects. For Holon 1, located in West Europe, these projects are the Hondsrug in the Netherlands, the Wadden Sea in Germany and Mols Bjerger in Denmark. By harnessing the collective energy of these projects, the Healing System actively contributes to the restoration and revitalization of nature throughout the entire holon.

The heart of the Healing System is located in the North Sea, north of the island Helgoland. It serves as the epicenter of energy, radiating healing vibrations across the entire region.



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Balancing a Healing System

The Holon 1 Healing System is balanced by Monique van der Kooij en Nicole Schendstok.

Monique and Nicole started the balancing of the Healing System in November 2021. The first step involved was grounding the system to install a sense of security and confidence. By July 2022, the Healing System had successfully reached the desired energetic levels, becoming a harmonious and well-balanced entity, and entered the stabilization phase. It was at this point that they decided to give the Healing System the name 'Yggdrasil,' inspired by the sacred tree of life in Nordic cosmology. Throughout the balancing process, Monique and Nicole discovered that the Yggdrasil Healing System was not only enjoyable and responsive but also wholeheartedly supporting the wellbeing of nature in Holon 1. They noticed a distinct difference between balancing a Healing System and a nature project, as the former possesses a more powerful energy and operates on a higher spiritual level.

Balancing team:

Monique van der Kooij
Nicole Schendstok

Tap into the Healing System energy

We believe that healing is not limited to a select few; it is a gift that should be accessible to all. That is why we invite and encourage everyone to connect with the energy of the Healing System. By tapping into this collective energy, individuals can contribute to the restoration and rejuvenation of nature in their holon.

Healing System workshops

To facilitate the learning and practice of this transformative healing process, the Help2Heal Europe Foundation organizes workshops. These workshops provide a nurturing space where participants can acquire the necessary knowledge and skills to harness the healing energy and direct it towards the natural world.

Contact

Contact info@help2healeurope.org and ask for the upcoming Healing System workshops in your holon or look at 'News' on the Help2Heal Europe website.



Together, we can make a difference

Let us embark together on a journey of healing, restoration, and reconnection with the vibrant spirit of nature. Join us as we unite our intentions, energies, and actions to create a harmonious and thriving holon for generations to come.

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