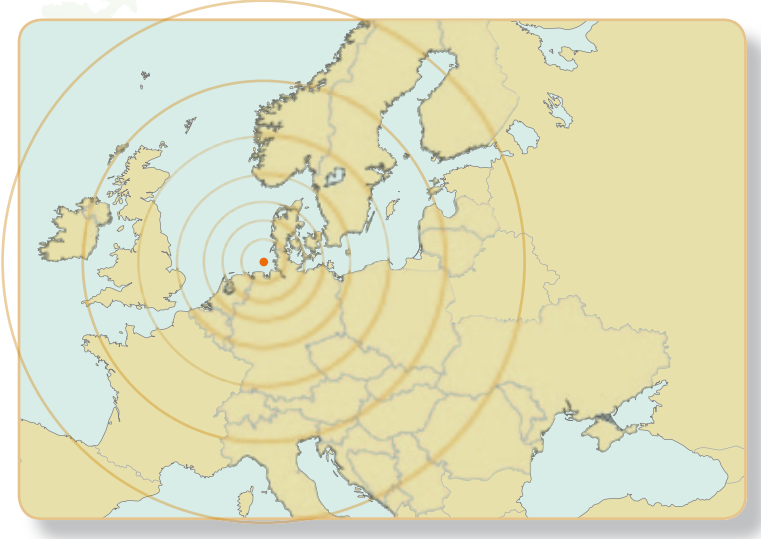
PROJECT WADDENZEE

The Wadden Sea is the inland sea between the Wadden islands and the North Sea on one side, and the mainland of The Netherlands, Germany and Denmark on the other side. The Wadden Sea is a Unesco World Heritage area. This project is called Waddenzee, but it actually covers only part of the German Wadden Sea. In addition, it covers a part of the North Sea.
The largest island, with a 1 km^2 surface, is Helgoland, which is a rocky island located in the South-Eastern corner of the (German) North Sea. It has a small population. The even smaller neighbouring island is called Düne. The two islands were connected until 1720, when the natural connection was destroyed by a flood. The highest point of Helgoland reaches 61 meters above sea level.



Project Waddenzee is situated in the North of Germany

HELP2HEAL EUROPE

Closer to the German mainland in the German Wadden Sea there is a small island called Neuwerk, as well as a seal sandbank called Trischen.
In the North Sea live many porpoises, fish, seals and species of birds.
There is a large colony of gannets on Helgoland. Many migrating birds visit the islands. The Wadden Sea is shallow and has sandbanks, where seals and birds rest. The air is very clean here.

Energetic development
Within Help2Heal Europe the Waddenzee project is one of the three projects in Holon 1 (North-West Europe), together with the Hondsrug (Netherlands) and Mols Bjerge (Denmark).

The project started in April 2020 and was energetically balanced by Pia Pietje Kramer-van der Vis and Maria Pennekamp-Reus. The current balancing team, consisting of Mascha Haselager and Asta Weertman, continued the project from July 2022. They visit the project energetically every 2-3 weeks and feel that its energy field is clear and solid.

Guardians
This project is looking for local guardians who can connect the balancing process with the daily reality on the islands and at the sea.

Project Waddenzee team
- Asta Weertman
- Mascha Haselager

"Everything is connected in a living whole. What happens in the east affects the west. The north can not do without the south and vice versa. The vitality and co-operation of the holons is essential for the health of Europe"